

Southern Ontario College of Osteopathy
An Osteopathic Approach in Obstetrics, Gynecology, Pulmonology, Cardiology,
Gastroenterology, Urology and Geriatrics.
(Course outline)
23 hours

1. An Osteopathic Approach in Obstetrics
 - Postural influences
 - Changes to gait, hip pelvic and shoulder girdle biomechanics
 - Osteopathic examination and treatment techniques for the lumbar spine, pelvis and lower limbs, shoulder girdle, breast area, thoracic cage and upper abdomen in pregnancy
 - Mechanics of labour and delivery
 - Childbirth-related pelvic floor and pelvic organ injuries
 - Osteopathic examination and treatment of the pelvic floor, bladder and intestine
2. An Osteopathic Approach in Gynecology
3. An Osteopathic Approach in Pulmonology
4. An Osteopathic Approach in Cardiology
5. An Osteopathic Approach in Gastroenterology
6. An Osteopathic Approach in Urology
7. Osteopathic Approach in Geriatrics
 - Aging process
 - Physiology of aging
 - Comprehensive geriatric assessment
 - Special clinical concerns