Southern Ontario College of Osteopathy An Osteopathic Approach in Obstetrics, Gynecology, Pulmonology, Cardiology, Gastroenterology, Urology and Geriatrics. (Course outline) 23 hours

- 1. An Osteopathic Approach in Obstetrics
 - Postural influences
 - Changes to gait, hip pelvic and shoulder girdle biomechanics
 - Osteopathic examination and treatment techniques for the lumbar spine, pelvis and lower limbs, shoulder girdle, breast area, thoracic cage and upper abdomen in pregnancy
 - Mechanics of labour and delivery
 - Childbirth-related pelvic floor and pelvic organ injuries
 - Osteopathic examination and treatment of the pelvic floor, bladder and intestine
- 2. An Osteopathic Approach in Gynecology
- 3. An Osteopathic Approach in Pulmonology
- 4. An Osteopathic Approach in Cardiology
- 5. An Osteopathic Approach in Gastroenterology
- 6. An Osteopathic Approach in Urology
- 7. Osteopathic Approach in Geriatrics
 - Aging process
 - Physiology of aging
 - Comprehensive geriatric assessment
 - Special clinical concerns

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